# A Chance To Grow Home Based Service

#### **Job Description**

Job Title: Personal Care Assistant Exempt: No

Reports to: Director HBS and Case Manager / Qualified Professional Date Revised: 2018

#### **Job Summary**

This position provides 1:1 supervision for safety and assistance to the client in activities of daily living to maintain the client in their home.

### **Essential Duties and Responsibilities**

#### A. Administrative

- 1. Timely and accurate completion of:
  - a. Dial-n-Documents Telephony
  - b. Verification of Services forms
- 2. Adhere to the Health Insurance Portability and Accountability Act (HIPPA) privacy policies and procedures. Maintain confidentiality of all information pertaining to clients, families and employees.
- 3. Maintain positive working relationships with clients, client families, ACTG staff, community providers and referral sources.
- 4. Maintain a professional appearance at all times.

### **B. Services and Procedures**

- 1. Assist with Toileting
- 2. Skin care to maintain the health of the skin
- 3. Range of motion (ROM) and muscle strengthening exercises to maintain an optimal level of functioning
- 4. Respiratory assistance
- 5. Transfers and ambulation
- 6. Bathing, grooming and hair washing necessary for personal hygiene
- 7. Turning and position of the client(s)
- 8. Assistance with medication per parent direction.
- 9. Application and maintenance of prosthetics and orthotics
- 10. Dressing or undressing of the client(s)
- 11. Assistance with eating, meal preparation and grocery shopping
- 12. Accompanying to medical appointments
- 13. Assisting, monitoring or prompting the client to complete the above items
- 14. Redirection, monitoring and observation that are an integral part of a personal care plan in the above items
- 15. Redirection and intervention for behavior, including observation and monitoring
- 16. Interventions for seizure disorders per client care plan and PCA training/policy.
- 17. Incidental household services that are an integral part of a personal care plan in the above items
- 18. Appropriate reporting of changes in client status.

**Note:** This job description reflects management's assignment of duties and does not restrict or limit the duties that may be assigned.

## **Qualifications/Requirements**

### A. Education and Experience

- 1. Eighteen (18) years of age
- 2. Be able to provide covered PCA services according to the person's PCA Care Plan.

3. Under 18 must have QP visits every 60 days

### B. Certificates, Licensure and Registration

- 1. United States Citizenship or evidence of a valid Alien Work Permit.
- 2. Valid driver's license and proof of auto insurance.
- 3. Position is subject to a Minnesota Department of Human Services background check and fingerprinting.
- 4. Certificate of Training for PCA from The Department of Human Services.

#### C. Language Skills

- 1. Excellent customer service and listening skills
- 2. Excellent oral and written communication skills; able to effectively communicate with the client& PCA Provider Agency
- 3. Ability to read and write clear English.

### D. Mathematical Skills

1. Ability to compute basic mathematics.

### E. Reasoning Ability

- 1. Demonstrate the ability to make appropriate professional judgments.
- 2. Ability to handle multiple tasks.
- 3. Able to and provide covered PCA services according to the client's care plan, respond appropriately to client's needs and reports changes in the client's condition to the licensed supervising Case Manager.
- 4. Strong organizational and problem solving skills.
- 5. Must have access to a working telephone for regular communication with Case Manager client / responsible party and Assistant Director HBS.
- 6. Must contact ACTG if address change or phone number changes.

### F. Physical and Environmental Demands

The physical demands described here are representative of those that must be met by employees to successfully perform the essential job functions of this position. In compliance with the Americans with Disabilities Act, reasonable accommodations will be considered.

- 1. Occasional use of hands, wrists and fingers and lifting or moving up to 75 lbs may be required.
- 2. Movements such as stooping, crouching, bending, kneeling, climbing and reaching are occasionally required.
- 3. This position requires spending a majority of the workday standing and walking, with occasional sitting.
- 4. Noise and/or level of distractions in the work environment is moderate.
- 5. Specific vision abilities required by this position include close vision, distance vision and peripheral vision.

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Signature	Date
I have read and understand the Personal Care Assist	tant Job Description
6. Ability to operate a motorized vehicle and have reliable transportation if requested	