

# **S.M.A.R.T. Course Recipe**

**Serves: 12 students**

**Creep Tracks: everyday, all year through  
(switch cards every 2 weeks)**

**Alligator Crawl: everyday, all year through**

**Balance Beam: everyday, all year through**

**Additional Balance Activity: everyday, all year through  
(another Balance Beam, Flamingos,  
Balance Boards, etc.)**

**Pencil Roll: everyday, all year through**

**Learning Ladders (with Rebounder, Balance Board, Beanbags, Balls, etc.): everyday, all year through  
(switch ladders every 2 weeks)**



# S.M.A.R.T. Course Recipe

Add these activities to support 12+ students

- Another Crawl
- Another Creep
- Another Roll
- Another Rebounder with Learning Ladder
- Hop Scotch
- Stick Scotch
- Dog Show Creep
- Jumping Jacks
- Windmill Toe Touches
- Vision Activities (ONLY if monitored by a teacher)

