

# S.M.A.R.T. Name Game



Spell out your name and complete the activity for each letter.  
For greater challenge, spell middle and last name and/or family members' names.

- A** Creep like a dog from the living room to your bedroom.
- B** Spin for 10 seconds and then freeze for 10 seconds.
- C** Do a heel-toe walk from the couch to the kitchen sink.
- D** Balance on your right foot and count to 8.
- E** Pencil Roll across the living room 3 times.
- F** Do an Alligator Crawl down the hall.
- G** Hop on one foot and count to 5.
- H** Lie on your tummy and fly like Superman and count to 9.
- I** Creep like a dog from the living room to your bedroom.
- J** Cross Pattern Walk from the refrigerator to your bed.
- K** Jump up and down 10 times.
- L** Do an Alligator Crawl down the hall.
- M** Cross pattern walk from the refrigerator to your bed.
- N** Do 6 toe touches.
- O** Balance on your left foot and count to 8.
- P** Creep like a dog from the living room to your bedroom.
- Q** Flap your arms like a bird 20 times.
- R** Pencil Roll across the living room 3 times.
- S** Do a heel-toe walk from the kitchen table to bathroom.
- T** Spin for 10 seconds and then freeze for 10 seconds.
- U** Do an Alligator Crawl down the hall.
- V** Walk backwards from the stove to the table.
- W** Gallop like a horse down the hall.
- X** Do 10 toe touches.
- Y** Hop like a frog 7 times.
- Z** Side step and count to 10

