

Summer S.M.A.R.T. Activities

On a rainy day, make an inside hopscotch using socks!	Find a butterfly and track it with your eyes. Keep your head still and use just your eyes to follow it!	Learning your telephone number? Write it on the window with a dry erase marker and Cross Pattern as you say each number.	Play "The Floor is Lava" using pillows.	Draw Balance Beams on the sidewalk. What crazy designs did you come up with?	While you're at the park, use the Monkey Bars. If you can't make it across, see how long you can hold on to the bar.
Make a blanket fort, Creep in and out of the fort.	Find colorful objects to spin with! Spin for 15 seconds, stand still for 15 seconds. Repeat 3x	Draw a calculator on the sidewalk, jump from number to number as you solve math equations. (for example $7+7=14$)	Blow bubbles and pop them with your nose!	Make an obstacle course with pillows to Creep over.	Listen to different types of music. Try salsa, marches, jazz, classical, swing, folk and international music.
Blow up a balloon and play balloon volleyball. How long did you keep the balloon in the air?	Have Alligator Crawl races on a slip and slide or old plastic shower curtain.	Keep the slip and slide out and Pencil Roll!	Put a plastic egg on a spoon and race your friends. How many times did you drop the egg?	At the park, pretend you are a tightrope walker and walk on the lines.	Take a walk and listen to the different sounds. What was the loudest sound? What was the smallest sound?
See how high you can go on a swing.	Pencil Roll down a big hill then a little one. Which did you like best?	Strike a Flamingo Pose! How long can you hold that pose?	Use flashlights to look for different objects in a room.	At the park, make a S.M.A.R.T. Course. Make sure to include Alligator Crawl, Balance Beam, Creeping and Pencil Roll.	Play Rolling Bowling. Stack cans in a pyramid and roll to knock them over.
Alligator Crawl through a large box.	Hide an object and instead of walking around to find it, Creep!	Climb up a slide at the park and then go down it.	Trace someone's shadow with chalk. Then use the line as a Balance Beam.	Instead of playing Musical Chairs, play Musical Creeping by placing pillows on the floor.	Place different objects in a box, shake it. Which object was the loudest? Which was the quietest?